

Welcome To *Valley Stream Retirement Community*

The decision to move to a retirement residence represents a major lifestyle change and adjustment which requires careful thought and consideration.

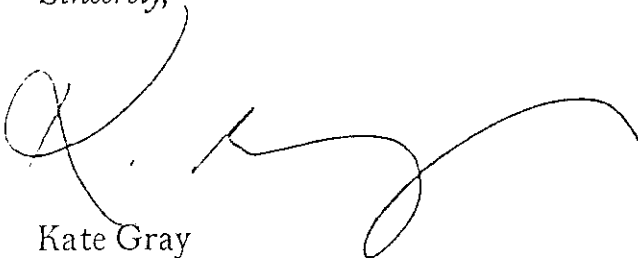
At *Valley Stream Retirement Community* we understand how important the decision to move to a retirement community is and want to support you in the decision making process. We are dedicated to providing every resident with attentive care, first class accommodations, distinguished services and respect. We bring many years of experience to retirement living and our mission will always be to give the highest level of care and services to our residents with a personal touch.

We believe that dining at *Valley Stream Retirement Community* should be an enjoyable experience. A menu of several choices is available and special diets can be accommodated. Nutritious meals are prepared on site by our experienced chefs and served to you in our elegant dining room. Take full advantage of our bistro/café where snacks are available to our residents 24 hours a day.

Activities are also an important social aspect of life. Resident input is valued and all efforts are made to meet their diverse range of interests. Our dedicated nursing staff is sensitive to your personal needs and is devoted to providing friendly and attentive care. Furthermore, care support packages can be tailored to meet your growing needs, allowing you to remain with us for as long as you wish.

Please feel free to pop into my office and say hello.

Sincerely,



Kate Gray
General Manager



UNBUNDLED INDEPENDENT RETIREMENT LIVING

Valley Stream Retirement Community offers a worry free, social environment for residents who want to maintain their independence while not having to think about the arduous tasks of meal preparation or home maintenance. It allows peace of mind, knowing that there is always someone nearby to assist should the need ever arise.

This package provides you with the freedom you need to enjoy life and the security you deserve. The priority at *Valley Stream Retirement Community* is to provide a warm and welcoming environment that will allow you to live the life you choose to the fullest extent while maintaining your independence.

SERVICES INCLUDED:

- ✓ Three nutritious meals served in our prestigious dining room
- ✓ Two 24 hour "Resident Bistro" cafes
- ✓ 24-hour onsite nursing staff
- ✓ Emergency two-way intercom service with optional emergency pendant
- ✓ Individual in room climate control
- ✓ Free parking (outside)
- ✓ Cable television
- ✓ Telephone service (unlimited local calls, 1000 minutes long distance calling Canada wide and the US, call display and voicemail)
- ✓ Recreation programs including fitness, social events, crafts and organized outings
- ✓ Group physiotherapy classes
- ✓ Free transportation to all scheduled group outings
- ✓ Complimentary room service during illness (as is determined by our qualified nursing staff)

Unbundled Independent Retirement Living Package

Studios from: \$2,640.00

Suites from: \$4,765.00

Second Occupant Fee: \$840.00

(Total price per month; pricing includes tax)



BUNDLED SUPPORTIVE RETIREMENT LIVING

Valley Stream Retirement Community recognizes that although independent, some residents may wish to take advantage of certain services featured at the residence. We are proud to offer a wide range of inclusive amenities which help ensure that our customers enjoy their well-deserved retirement.

The priority at *Valley Stream Retirement Community* is to provide appropriate and professional health care services in a warm and friendly environment which will allow you to live the life you choose to the fullest extent possible while maintaining your independence.

SERVICES INCLUDED:

- ✓ Three nutritious meals served in our exquisite dining room
- ✓ Two 24 hour "Resident Bistro" cafes
- ✓ Weekly personal laundry (folded and delivered to your suite)
- ✓ Weekly housekeeping service
- ✓ Weekly bed change
- ✓ 24-hour onsite nursing staff
- ✓ Medication administration
- ✓ Weekly bathing assistance
- ✓ Emergency two-way intercom service with optional emergency pendant
- ✓ Individual in room climate control
- ✓ Free parking (outside)
- ✓ Cable television
- ✓ Telephone service (unlimited local calls, 1000 minutes long distance calling Canada wide and the US, call display and voicemail)
- ✓ Recreation programs including fitness, social events, crafts and organized outings
- ✓ Group physiotherapy classes
- ✓ Free transportation to all scheduled group outings
- ✓ Complimentary room service during illness (as is determined by our qualified nursing staff)

Bundled Supportive Retirement Living Package

Studios from \$3,085.00

Suites from \$5,210.00

Second Occupant Fee: \$840.00

(Total price per month; pricing includes tax)



ASSISTED LIVING COMPREHENSIVE CARE OPTION

Valley Stream Retirement Community is designed to fit the needs of residents that might need more assistance with their activities of daily living by offering comprehensive assisted-living care. 24-hour nursing staff, emergency call bells, hospital bed rentals, and a Memory-Care floor (containing a mechanical lift, a separate Nursing Station, and its own Dining Room) are some of the features that set *Valley Stream Retirement Community* apart when it comes to continuum of care.

This care package provides residents the assistance they need and the safety and security they deserve. The priority at *Valley Stream Retirement Community* is to provide appropriate and professional health care services in a warm and friendly environment that will enable our residents to live their lives to the fullest extent possible.

SERVICES INCLUDED:

- ✓ Private studio or suite and washroom (featuring a full tub or a cut-down)
- ✓ Three nutritious meals served (with assistance if needed) in our dining room
- ✓ Daily snacks and refreshments
- ✓ Daily tidy of room and bed-making
- ✓ Weekly housekeeping and bed change
- ✓ Weekly personal laundry (folded and delivered to your suite)
- ✓ Personal nursing program, prepared by our Director of Care (Package includes up to 2 hours of nursing assistance daily)
- ✓ Medication administration
- ✓ Assistance with bathing
- ✓ Emergency two-way intercom service with 24 hour nursing supervision
- ✓ Recreation programs including fitness, physiotherapy, social events, crafts and organized outings
- ✓ "GEM" (Giving Exceptional Moments) activation program, designed to stimulate and entertain residents with cognitive impairments based on their unique and individual needs
- ✓ Cable television
- ✓ Telephone service (unlimited local calls, 1000 minutes long distance calling Canada wide and the US, call display and voicemail)

Assisted Living Comprehensive Care Package Price

\$1,575.00/month added to the rate of the studio or suite of your choice

OPTIONAL SERVICES

The following optional services are available to residents at *Valley Stream Retirement Community* on a fee-for-service basis for the charges set out below.

Service	Daily Fee	Monthly Fee
Second Occupant Fee	N/A	\$840.00
Medication administration	N/A	Included (Bundled)
Personal laundry	N/A	Included (Bundled)
Telephone service	N/A	Included (All Packages)
Cable service	N/A	Included (All Packages)
Daily bed making, minor tidy and garbage removal for single occupant	N/A	\$250.00
Additional daily bathroom cleaning	N/A	\$125.00
Extra weekly housekeeping clean	N/A	\$160.00
Seasonal deep clean of suite	\$30.00 per hour of service	N/A
Tray service	\$8.00 per tray any meal	\$190.00 (1 tray service/day) \$375.00 (2 tray service/day) \$560.00 (3 tray service/day)
Guest meals	Coffee/Toast: \$3.00 Breakfast: \$6.00 Lunch: \$12.40 Dinner: \$12.40 Special Event Meal \$17.50 Meal Booklet: \$115.00	N/A



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Personal touch services - miscellaneous services requested by the resident and approved by the Residence.	\$30.00 per hour of service	N/A
Personalized Nursing Care Services up to a maximum of 1 hour per day	N/A	\$795.00
Escorting/Portering	N/A	\$205.00
INR Blood testing	\$26.00 per test	N/A
Catheter maintenance	N/A	\$300.00
Colostomy maintenance	N/A	\$300.00
Hospital bed rental	N/A	\$150.00
Daily application of T.E.D. stockings	N/A	\$150.00
Daily removal of T.E.D. stockings	N/A	\$65.00
Additional bath per week	N/A	\$150.00
Outdoor reserved parking (resident vehicle)	N/A	Included
Suite Transfer/Internal Move	\$250.00	N/A
Dietary supplements	As per client specific needs	As per client specific needs

Should you be interested in any other services *not* listed in this brochure, or have questions regarding *Valley Stream Retirement Community* and the amenities provided, please do not hesitate in speaking to Laura (Community Marketing Manager) directly by calling 613-232-2202 (ext. 2004).